

Appendix 1 Draft Flier promoting the trial

(to be distributed to GPs to give to their patients)

FREE TRIAL OF ASTROLOGY AS A DIAGNOSTIC TOOL IN HEALTH BREAKDOWNS

You are invited to take part in a free trial of astrology in healthcare to test a theory that your health breakdown is caused by planets transiting the positions of your natal planets. To take part in the trial please fill in the form with this flier and return it to the trial manager as instructed on the form.

If you are accepted into the trial, you will be invited to an interview with the trial manager who will go through the form with you. He will forward it to a consultant astrologer who will prepare your horoscope and note the transits that she thinks are causing your health condition. She will also predict the date when the transit will be passed, (known as 'transit end date'). You will be informed of that date.

The purpose of the trial is to measure whether your condition improves from the transit end date and whether your health returns to normal over the following 3 months. The trial period is from when you are accepted into the trial until 3 months after the transit end date.

Conditions of participating in the trial applying to the whole trial period

- 1 You must have had a recent breakdown of health (within the last 3 months) for which you have not yet started the conventional treatment.
- 2 You must adopt 'watchful waiting', forgoing any conventional treatment such as taking drugs for your breakdown during the trial period. You may of course break this condition and have the treatment at any time, but if you do you are required to inform the trial manager and you will be put in the control group or dropped out of the trial.
- 3 You must fill in and return questionnaires monthly to monitor and record your condition.